

ONMAC Ring Assignments / Divisions and Staging

Key:

B – Beginner
I – Intermediate
A – Advanced
JBB – Junior Black Belt
BB – Black Belt
G – Girls
B – Boys
M – Men (18 +)
W – Women (18 +)

Ages 6 and Under

001A Tiny Tots Forms 3-4
B/G
001 Traditional Forms B,
B/G
002 Traditional Forms I,
B/G
003 Traditional Forms A,
B/G
004 Traditional Forms
JBB, B/G
005 Sparring B, B/G
006 Sparring I, B/G
007 Sparring A, B/G
008 Sparring JBB, B/G

Ages 7-8

009 Traditional Forms B,
B/G
010 Traditional Forms I,
B/G
011 Traditional Forms A,
B/G
012 Traditional Forms
JBB, B/G
013 Sparring B, B/G
014 Sparring I, B/G
015 Sparring A, B/G
016 Sparring JBB, B/G

HANDI-CAPABLE

(ALL AGES/RANKS)

017 Traditional Forms

COMBINED DIV 5-8

018 Self-Defense B/I, B/G
019 Self-Defense A/JBB,
B/G
020 Weapons Forms
A/JBB, B/G
021 Creative Forms
A/JBB, BG

Ages 9-10

022 Traditional Forms B,
B/G

023 Traditional Forms I,
B/G
024 Traditional Forms A,
B/G
025 Traditional Forms
JBB, B/G
026 Sparring B, B
027 Sparring B, G
028 Sparring I, B
029 Sparring I, G
030 Sparring A, B
031 Sparring A, G
032 Sparring JBB, B
033 Sparring JBB, G

Ages 11-12

034 Traditional Forms B,
B/G
035 Traditional Forms I,
B/G
036 Traditional Forms A,
B/G
037 Traditional Forms
JBB, B/G
038 Sparring B, B
039 Sparring B, G
040 Sparring I, B
041 Sparring I, G
042 Sparring A, B
043 Sparring A, G
044 Sparring JBB, B
045 Sparring JBB, G

COMBINED DIV 9-12

046 Self-Defense B/I, B/G
047 Self-Defense A/JBB,
B/G
048 Weapons Forms
A/JBB, B/G
049 Creative Forms
A/JBB, BG

Ages 13-14

050 Traditional Forms B,
B/G
051 Traditional Forms I,
B/G
052 Traditional Forms A,
B/G
053 Traditional Forms
JBB, B/G
054 Sparring B, B
055 Sparring B, G
056 Sparring I, B
057 Sparring I, G

058 Sparring A, B
059 Sparring A, G
060 Sparring JBB, B
061 Sparring JBB, G

Ages 15-17

062 Traditional Forms B,
B/G
063 Traditional Forms I,
B/G
064 Traditional Forms A,
B/G
065 Traditional Forms
JBB, B/G
066 Sparring B, B
067 Sparring B, G
068 Sparring I, B
069 Sparring I, G
070 Sparring A, B
071 Sparring A, G
072 Sparring JBB, B
073 Sparring JBB, G

COMBINED DIV 13-17

074 Self-Defense B, B/G
075 Self-Defense I, B/G
076 Self-Defense A, B/G
077 Self-Defense JBB,
B/G
078 Weapons Forms A,
B/G
079 Weapons Forms JBB,
B/G
080 Creative Forms A, BG
081 Creative Forms JBB,
BG

Ages 18-29

082 Traditional Forms B,
M/W
083 Traditional Forms I,
M/W
084 Traditional Forms A,
M/W
085 Traditional Forms BB,
M/W
086 Sparring B, M
087 Sparring B, W
088 Sparring I, M
089 Sparring I, W
090 Sparring A, M
091 Sparring A, W
092 Sparring BB, M
093 Sparring BB, W

Ages 30+

094 Traditional Forms B,
M/W
095 Traditional Forms I,
M/W
096 Traditional Forms A,
M/W
097 Traditional Forms BB,
M/W
098 Sparring B, M
099 Sparring B, W
100 Sparring I, M
101 Sparring I, W
102 Sparring A, M
103 Sparring A, W
104 Sparring BB, M
105 Sparring BB, W

COMBINED DIV 18+

106 Self-Defense B, M/W
107 Self-Defense I, M/W
108 Self-Defense A, M/W
109 Self-Defense BB, M/W
111 Weapons Forms A,
M/W
112 Weapons Forms BB,
M/W
113 Creative Forms A,
M/W
114 Creative Forms BB,
M/W

TEAM PATTERNS

(ALL AGES/RANKS)

115 Beginner
116 Intermediate
117 Black Belt/ Jr. Black Belt
118 13-14 Continuous Sparring
A/BB
119 15-17 Continuous Sparring
A/BB
120 18+ Continuous Sparring
A/BB
121 30+ Continuous Sparring
A/BB

TENTATIVE STARTING RING ASSIGNMENTS

(In Order – Divisions run Each Ring B, I,
A, JBB - Forms, Sparring, Weapons,
Creative, Self-Defense, Team – Adult BB
End of Event)

**RING #1 - Child's Divisions 5-6 & Early
Bird Divisions**

RING #2 - Children Divisions 7-8

RING #3 - Pre-Teen Divisions

RING #4 – Teen Divisions

RING #5 – Adult Divisions 18+

**RING #6 – Overflow – 3-4, Staging,
Special Events, and Adult Black Belt
Division**